



From The Dietitian

IN THE DINING HALLS

UF | Gator Dining Services
UNIVERSITY of FLORIDA

MADE WITHOUT GLUTEN

Available Items

Deli Station

Sandwich Bread

Sauté

Pasta

Salad Bar

DRESSINGS:

- Ranch
- Balsamic Vinaigrette
- Lite Italian
- Lite Raspberry Vinaigrette
- Chunky Blue Cheese

Pizza Station

Gluten-Free Pizza Dough

Bakery & Café

Prepackaged:

- Blueberry Muffins
- Chocolate Chip Cookies

Sorbet

Espresso Drinks

True Balance Station

All prepared foods

VEGAN FRIENDLY

Available Items

Deli Station

Hummus

Sauté

Vegetables sautéed in
Olive/Vegetable Oil Blend

Salad Bar

DRESSINGS:

- Balsamic Vinaigrette
- Low calorie/low fat French
- Oil & Vinegar

Bakery & Café

Sorbet

Espresso Drinks

- Soy Milk
- Almond Milk

Gator Corner Only

Smoothies

Made-to-order

Pasta Station

Breakfast

Grill

Veggie Burger

Pizza Station

Vegan Pizza