

Week 1:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack, Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Bacon Breakfast Sandwich Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Sausage Breakfast Sandwich Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Bacon Breakfast Sandwich Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice
<b>Lunch</b>	Turkey & Cheese Sub, Bag of Sun Chips, Celery & Carrots with Ranch, Cookie	Chicken Caesar Salad, Bag of Baked Chips, Celery & Carrots with Ranch, Cookie	Chicken Salad Sandwich, Bag of Popcorn, Celery & Carrots with Ranch, Cookie	Chef Salad, Bag of Sun Chips, Celery & Carrots with Ranch, Cookie	Roast Beef & Cheddar Sandwich, Bag of Baked Chips, Celery & Carrots with Ranch, Cookie	Ham & Cheese Sandwich, Bag of Popcorn, Celery & Carrots with Ranch, Cookie	Tuna Salad Sandwich, Bag of Sun Chips, Celery & Carrots with Ranch, Cookie
<b>Dinner</b>	Sliced Pork Loin, Seasoned Brown Rice, Garden Side Salad with Dressing, Wheat Roll with Butter Fresh Melon Cubes	Roast Turkey with Gravy, Stuffing, Mashed Yams, Green Beans, Wheat Roll with Butter, Apple Pie	Meatloaf with Gravy, Parsley Potatoes, Peas & Mushrooms, Wheat Roll with Butter, Sugar Cookie	Fried Chicken, Mac & Cheese, Peas & Carrots, Cornbread with Butter, Cobbler	Pollo Tropical Grilled Chicken and Rice Tropichop with Side of Salsa and Plantains	Baked Chicken with Mashed Potatoes, Corn, Wheat Roll with Butter, Peanut Butter Parfait	Penne Pasta with Marinara & Meatballs, Broccoli, Garlic Breadstick, Mini Cannoli
<b>Drinks/Snacks</b>	5 Bottled Water, 1 Bottled Gatorade, 1 Can of Sierra Mist, Fig Newton Pack	5 Bottled Water, 1 Bottled Gatorade, 1 Lemonade, Cheez-It Crackers	5 Bottled Water, 1 Bottled Gatorade, 1 Ginger Ale, Graham Crackers	5 Bottled Water, 1 Bottled Gatorade, 1 Iced Tea, Pretzels	5 Bottled Water, 1 Bottled Gatorade, 1 Sierra Mist, Fruit Snacks	5 Bottled Water, 1 Bottled Gatorade, 1 Lemonade, Lance Cracker Sandwiches	5 Bottled Water, 1 Bottled Gatorade, 1 Ginger Ale, Granola Bar

Week 2:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Sausage Breakfast Sandwich, Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Bacon Breakfast Sandwich Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Sausage Breakfast Sandwich Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Hard-boiled Egg Pack Orange or Apple Juice	Cereal Cup with Half Pint of Milk, Fresh Cut Fruit Cup Bacon Breakfast Sandwich Orange or Apple Juice
<b>Lunch</b>	Chicken Tender Wrap, Bag of Baked Chips, Celery & Carrots with Ranch, Cookie	Trio Salad Plate, Dinner Roll, Celery & Carrots with Ranch, Cookie	Subway 6" Sub (Turkey or Ham or Veggie Delite), Bag of Chips, Cookie	Ham & Swiss Ciabatta Sandwich, Bag of Sun Chips, Celery & Carrots with Ranch, Cookie	Turkey Wrap with Herbed Cheese & Cranberry Aioli, Bag of Baked Chips, Celery & Carrots with Ranch, Cookie	Club Sandwich on Hearty Wheat, Bag of Popcorn, Celery & Carrots with Ranch, Cookie	Roasted Balsamic Vegetable Wrap, Bag of Sun Chips, Celery & Carrots with Ranch, Cookie
<b>Dinner</b>	Dijon Pork Loin, Brown Rice Pilaf, Broccoli, Wheat Roll with Butter, Chocolate Cake	Chicken Parmesan with Rotini Marinara, Garlic Bread, Garden Side Salad, Wheat Roll with Butter, Cookie	Beef with Mushrooms, Mashed Potatoes, Peas & Onions, Wheat Roll with Butter, Pudding Cup	Fried Chicken, Mac & Cheese, Collard Greens, Cornbread with Butter, Apple Cobbler	Beef Stew with Brown Rice, Sautéed Zucchini with Tomatoes, Wheat Roll with Butter, Vanilla Pudding Cup	Hearty Pasta Bake, Broccoli, Garden Side Salad, Wheat with Butter, Cookie	Baked Chicken, Brown Rice Medley, Sautéed Zucchini, Wheat Roll with Butter, Fudge Brownie
<b>Drinks/Snacks</b>	5 Bottled Water, 1 Bottled Gatorade, 1 Iced Tea, Townhouse Minis	5 Bottled Water, 1 Bottled Gatorade, 1 Sierra Mist, Trail Mix	5 Bottled Water, 1 Bottled Gatorade, 1 Lemonade, Gold Fish	5 Bottled Water, 1 Bottled Gatorade, 1 Ginger Ale, Ritz Bits	5 Bottled Water, 1 Bottled Gatorade, 1 Iced Tea, Raisins	5 Bottled Water, 1 Bottled Gatorade, 1 Sierra Mist, Popcorn	5 Bottled Water, 1 Bottled Gatorade, 1 Lemonade, Cheese Dip & Breadstick Pack

\*If Dietary Restrictions Prohibit Meat or Eggs, Alternate Breakfast items will be provided including Bagel & Cream Cheese, Yogurt Cups, Overnight Oats, Waffle with Butter & Syrup, Peanutbutter Uncrustables, Danish, Oatmeal with Brown Sugar & Dried Fruit

\*\*Almond or Soy milk available upon request for those with dietary restrictions

\*\*\*Alternate Meals/Snack items can also be provided to accommodate dietary restrictions